

28

side items

29

side items

30

side items

31

side items

1

NO SCHOOL

side items

4

LABOR DAY
NO SCHOOL

side items

5

Fish Sticks w/ Mac and Cheese

- Turkey Chef Salad w/ Dinner Roll
- Roman Croissant w/ Goldfish Crackers
- Pizza & Grill Station

side items

- Steamed Green Beans & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

6

Drumstick w/ Soft Pretzel

- Beef Nacho Salad w/ Tortilla Chips
- Ham & Cheese Sandwich w/ Potato Chips
- Pizza & Grill Station

side items

- Sweet Potato Fries & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

7

Tortilla & Bean Bowl with Dinner Roll

- Chicken Popcorn Salad w/ Flatbread
- Tuna Salad Sub w/ Mini Pretzels
- Pizza & Grill Station

side items

- Chipotle BBQ Black Beans & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

8

Sweet & Sour Broccoli Chicken w/ Vegetable Egg Roll

- Tuna Platter w/ Pretzel Roll
- Ham & Cheese Wrap w/ SunChips

side items

- Steamed Collard Greens & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

11

Chicken Tenders w/ Dinner Roll

- Baja Vegetable Salad w/ Soft Pretzel
- Ham & Cheese Sandwich w/ Cheez - It Crackers

side items

- Mashed Potatoes & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

12

Rotini w/ Italian Meatsauce & Breadstick

- Chicken Ceasar Salad w/ Goldfish Crackers
- Turkey Wraps w/ Goldfish Crackers

side items

- Steamed Green Beans & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

13

Cheesy Baked Potato w/ Soft Pretzel

- Ham & Turkey Chef Salad w/ Flatbread
- Egg Salad Sandwich w/ Potato Chips
- Pizza & Grill Station

side items

- Orange Glazed Carrots & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

14

Sausage & Red Bean Bowl w/ Santa Fe Rice

- Egg Chef Salad w/ Dinner Roll
- Chicken Salad Sandwich w/ Mini Pretzels

side items

- Vegetarian Baked Beans & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

15

General Tso Chicken w/ Rice

- Beef Taco Salad w/ Tortilla Crisps
- Three Cheese Sub w/ SunChips
- Pizza & Grill Station

side items

- Steamed Spinach & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

18 Homecoming

Meatloaf w/ Gravy & Dinner Roll

- Winter Fruit & Cheese Plate w/ Cinnamon Tortilla Crisps
- Turkey Sandwich w/ Cheez - It Crackers

side items

- French Fries & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

19 Homecoming

Chicken Popcorn Bowl w/ Soft Pretzel

- Tuna Platter w/ Dinner Roll
- Ham & Cheese Sub w/ Goldfish Crackers
- Pizza & Grill Station

side items

- Roasted Cauliflower & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

20 Homecoming

Cheesy Penne w/ Breadstick

- Ham & Turkey Cobb Salad w/ Flatbread
- Buffalo Chicken Wrap w/ Potato Chips
- Pizza & Grill Station

side items

- Roasted Acorn Squash & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

21 Homecoming

Tater Bite Chicken Nachos w/ Tortilla Chips

- Chicken Ranch Salad w/ Soft Pretzel
- Three Cheese Wraps w/ Mini Pretzels

side items

- Campfire Chipotle Beans & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

22 Homecoming

Cajun Chili Fries Bowl w/ Flatbread

- Vegetarian Greek Salad w/ Pretzel Roll
- Egg Salad Sandwich w/ SunChips
- Pizza & Grill Station

side items

- Steamed Broccoli & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

25

Cheesy Pizza Sticks w/ Marinara Sauce

- Chicken Chef Salad w/ Pretzel Roll
- Turkey Santa Fe Wrap w/ Cheez - It Crackers
- Pizza & Grill Station

side items

- Steamed Corn & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

26

Cajun Meatball Stew w/ Dinner Roll

- Chicken Nacho Salad w/ Tortilla Crisps
- Ham & Cheese Sandwich w/ Goldfish Crackers

side items

- Winter Vegetables & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

27

Broccoli & Orange Popcorn Chicken Bowl w/ Fried Rice

- Mixed Green Salad w/ Soft Pretzel
- Tuna Salad Sandwich w/ Potato Chips
- Pizza & Grill Station

side items

- Sweet Potato Tator Tots & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

28

Spaghetti Carbonara w/ Breadstick

- Turkey Chef Salad w/ Dinner Roll
- Mediterranean Vegetable Wrap w/ Mini Pretzels
- Pizza & Grill Station

side items

- Black Charro Beans & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

29

Vegetarian Chana Masala w/ Yellow Rice

- Ham Chef Salad w/ Italian Flatbread
- Turkey Sandwich w/ SunChips
- Pizza & Grill Station

side items

- Steamed Kale & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

Daily we offer different entree choices. Each entree has to include a fruit and/ or vegetable serving.

Local ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

Nutritional Messages may vary by school.

*****TRY SOMETHING NEW*****

FRUIT AND VEGETABLE CART

Daily rotation of vitamin rich fruits and vegetables from the fruit and vegetable cart.



HOT SIDE ITEM
We offer daily a hot side item.



CHOICE OF MILK
We offer four different kind of milk choices.