

28

side items

29

side items

30

side items

31

side items

1

NO SCHOOL

side items

4

LABOR DAY
NO SCHOOL

side items

5

- Fish Sticks w/ Mac and Cheese**
- Turkey Chef Salad w/ Dinner Roll
- Ham Sandwich
- Pizza & Grill Station

side items

- Steamed Green Beans & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

6

- Chicken Pot Pie**
- Beef Nacho Salad w/ Tortilla Chips
- Turkey and Cheese Sandwich
- Pizza & Grill Station

side items

- Sweet Potato Fries & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

7

- Vegetarian Chipotle Bean Chili w/ Dinner Roll**
- Chicken Salad w/ Dinner Roll
- Bagel w/ Cheese and Vegetable Salsa

side items

- Kickin' Pinto Beans & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

8

- Sweet & Sour Broccoli Chicken w/ Fried Rice**
- Tuna Platter w/ Dinner Roll
- Ham and Cheese Wrap

side items

- Steamed Spinach & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

11

- Chicken Tender w/ Dinner Roll**
- Baja Vegetable Salad w/ Pretzel
- Ham & Cheese Sandwich
- Pizza & Grill Station

side items

- Mashed Potatoes & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

12

- Rotini w/ Italian Meatsauce**
- Chicken Caesar Salad w/ Dinner Roll
- Turkey Wrap
- Pizza & Grill Station

side items

- Steamed Green Beans & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

13

- Cheesy Baked Potato w/ Dinner Roll**
- Egg Chef Salad w/ Dinner Roll
- Chicken Salad Sandwich
- Pizza & Grill Station

side items

- Steamed Carrots & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

14

- Sausage Red Bean Bowl w/ Santa Fe Rice**
- Turkey & Ham Chef Salad w/ Dinner Roll
- Roasted Vegetable & Cheese Sub

side items

- Vegetarian Baked Beans & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

15

- General Tso Chicken w/ Rice**
- Taco Salad w/ Tortilla Chips
- Egg Salad Sandwich
- Pizza & Grill Station

side items

- Steamed Spinach & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

18

- Meatloaf w/ Gravy & Italian Flatbread**
- Fruit Platter w/ Cheese & Crackers
- Cheese Wrap
- Pizza & Grill Station

side items

- French Fries & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

19

- Chicken Popcorn Bowl w/ Dinner Roll**
- Tuna Platter w/ Dinner Roll
- Turkey Sandwich
- Pizza & Grill Station

side items

- Vegetable Blend & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

20

- Cheesy Baked Penne**
- Ham & Turkey Cobb Salad w/ Dinner Roll
- Ham & Cheese Sub
- Pizza & Grill Station

side items

- Steamed Acorn Squash & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

21

- Chicken Enchiladas w/ Corn & Rice Salad**
- Chicken Ranch Salad w/ Dinner Roll
- Egg Salad Sandwich
- Pizza & Grill Station

side items

- Pinto Beans & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

22

- Cajun Chili Fries Bowl**
- Egg Caesar Salad w/ Dinner Roll
- Asian Chicken Wrap
- Pizza & Grill Station

side items

- Steamed Broccoli & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

25

- Pizza Sticks w/ Marinara Sauce**
- Chicken Chef Salad w/ Dinner Roll
- Turkey Santa Fe Wrap
- Pizza & Grill Station

side items

- Steamed Corn & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

26

- Cajun Meatball Stew w/ Dinner Roll**
- Bean Nacho Salad w/ Tortilla Chips
- Ham and Cheese Sandwich
- Pizza & Grill Station

side items

- Steamed Green Beans & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

27

- Broccoli & Orange Popcorn Chicken Bowl w/ Cilantro Rice**
- Turkey Salad w/ Dinner Roll
- Tuna Salad Bagel w/ Lemon & Carrot Salad

side items

- Sweet Potato Tator Tots & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

28

- Spaghetti Carbonara w/ Breadstick**
- Mixed Green Salad w/ Dinner Roll
- Mediterranean Vegetable Wrap
- Pizza & Grill Station

side items

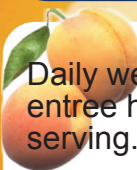
- Black Charro Beans & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice


29


- Vegetarian Chana Masala w/ Yellow Rice**
- Ham Chef Salad w/ Dinner Roll
- Turkey Sandwich
- Pizza & Grill Station

side items

- Steamed Spinach & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

 Daily we offer different entree choices. Each entree has to include a fruit and/or vegetable serving.


 Local ingredients are always used when in season

 Ovo-Lacto Vegetarian, may contain Egg & Milk


Nutritional Messages may vary by school.

*****TRY SOMETHING NEW*****

FRUIT AND VEGETABLE CART
Daily rotation of vitamin rich fruits and vegetables from the fruit and vegetable cart.



HOT SIDE ITEM
Daily we offer a hot side item.



CHOICE OF MILK
We offer four different kind of milk choices.

