

28

side items

29

side items

30

side items

31

side items

1

NO SCHOOL

side items

4

LABOR DAY
NO SCHOOL

side items

5 Lucky Tray Day

- Fish Sticks w/ Mac & Cheese**
- Chicken Nuggets w/ Breadstick
- Turkey Chef Salad w/ Dinner Roll
- Roman Croissant

side items

- Steamed Green Beans & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

6

- Drumsticks w/ Garlic Toast**
- Grilled Cheese Sandwich
- Beef Nacho Salad w/ Tortilla Chips
- Ham Sandwich

side items

- Sweet Potato Fries & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

7

- Bean & Rice Tortilla Bowl**
- Hamburger
- Popcorn Chicken w/ Flatbread
- Tuna Salad Sub

side items

- Chipotle BBQ Black Beans & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

8

- Pepperoni Pizza**
- Sloppy Joe Sandwich
- Tuna Platter w/ Soft Pretzel
- Ham & Cheese Wrap

side items

- Steamed Collard Greens & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

11

- Chicken Tender w/ Dinner Roll**
- Turkey & Cheese Melt
- Baja Vegetable Salad w/ Soft Pretzel
- Ham & Cheese Sandwich

side items

- Mashed Potatoes & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

12

- Rotini & Italian Meatsauce w/ Breadstick**
- Veggie Burger
- Chicken Ceaser Salad w/ Goldfish Crackers

side items

- Steamed Green Beans & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

13

- Broccoli & Cheese Baked Potato w/ Soft Pretzel**
- Chicken Nuggets w/ Breadstick
- Turkey Chef Salad w/ Flatbread

side items

- Steamed Carrots & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

14

- Sausage & Red Bean Bowl w/ Santa Fe Rice**
- Hamburger
- Egg Chef Salad w/ Dinner Roll

side items

- Vegetarian Baked Beans & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

15

- Pepperoni Pizza**
- Chicken Patty Sandwich
- Taco Salad w/ Tortilla Chips
- Three Cheese Sub

side items

- Steamed Spinach & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

18

- Meatloaf w/ Rosemary Gravy & Dinner Roll**
- Chili Dog
- Winter Fruit & Cheese Plate w/ Cinnamon Tortilla Chips
- Turkey Sandwich

side items

- French Fries & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

19 Lucky Tray Day

- Chicken Popcorn Bowl w/ Mini Pretzels**
- Sloppy Joe Sandwich
- Tuna Platter w/ Dinner Roll
- Egg Salad Sandwich

side items

- Roasted Cauliflower & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

20

- Cheesy Baked Penne**
- Popcorn Chicken w/ Dinner Roll
- Ham & Turkey Cobb Salad w/ Flatbread
- Ham, Turkey & Cheese Sandwich

side items

- Sweet Potato Tator Tots & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

21

- Tater Bite Chicken Nachos**
- Hot Dog
- Chicken Ranch Salad w/ Soft Pretzel
- Three Cheese Wrap

side items

- Pinto Beans & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

22

- Cheese Pizza**
- Fish Patty Melt
- Vegetarian Greek Salad w/ Pretzel Roll
- Ham & Cheese Sub

side items

- Steamed Broccoli & Fruit and Vegetable Cart
- Assorted Milk & Fruit and Vegetable Cart

25

- Cheesy Pizza Sticks w/ Marinara Sauce**
- Chicken Cheeseburger
- Chicken Chef Salad w/ Pretzel Roll
- Santa Fe Turkey Wrap

side items

- Steamed Corn & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

26

- Cajun Meatball Stew w/ Dinner Roll**
- Grilled Cheese Sandwich
- Beef Nacho Salad w/ Tortilla Chips
- Ham & Cheese Sandwich

side items

- Vegetable Mix & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

27

- Broccoli and Orange Popcorn Chicken Bowl**
- Chicken Nuggets w/ Breadstick
- Tossed Salad w/ Cheese & Soft Pretzel

side items

- Sweet Potato Tator Tots & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

28

- Spaghetti Carbonara w/ Chicken**
- Ham & Cheese Sandwich
- Turkey Chef Salad w/ Dinner Roll
- Mediterranean Vegetable Wrap

side items

- Black Charro Beans & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice

29

- Cheese Pizza**
- BBQ Pork Sandwich
- Ham Chef Salad w/ Italian Flatbread
- Turkey Sandwich

side items

- Steamed Kale & Fruit and Vegetable Cart
- Assorted Milk & 100% Fruit Juice



Daily we offer four entree choices. Each entree has to include a fruit and/or vegetable serving. We also offer milk and 100% fruit juice.

Local ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

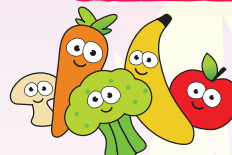
Nutritional Messages may vary by school.

This institution is an equal opportunity provider.

*****TRY SOMETHING NEW*****

FRUIT AND VEGETABLE CART

Daily rotation of vitamin rich fruits and vegetables from the fruit and vegetable cart.



HOT SIDE ITEM

Daily we offer a hot side item.



CHOICE OF MILK

We offer four different kind of milk choices.