



FFC8 WELTE EDUCATION CENTER

October 2017

2 **Egg, Cheese & Ham Breakfast Tortilla**
 Variety of Breakfast Sandwiches
 Assorted Cereal w/ Cheese Stick

side items

Fresh Apples & Diced Pears
 Assorted Milk & 100% Fruit Juice

3 **Chocolate Chip Muffin**
 Variety of Breakfast Sandwiches
 Assorted Cereal w/ Animal Crackers

side items

Fresh Oranges & Mixed Fruit
 Assorted Milk & 100% Fruit Juice

4 **Scrambled Eggs, Hash Browns & Toast**
 Variety of Breakfast Sandwiches
 Assorted Cereal w/ Cheese Stick

side items

Fresh Bananas & Applesauce
 Assorted Milk & 100% Fruit Juice

5 **Apple Bosco Stick**
 Variety of Breakfast Sandwiches
 Assorted Cereal w/ Animal Crackers

side items

Fresh Bananas & Raisins
 Assorted Milk & 100% Fruit Juice

6 **Breakfast Strata**
 Variety of Breakfast Sandwiches
 Assorted Cereal w/ Cheese Stick

side items

Fresh Oranges & Diced Peaches
 Assorted Milk & 100% Fruit Juice

9 ***CHRISTOPHER COLUMBUS DAY***
 NO SCHOOL

side items

10 **Chicken Patty Biscuit**
 Variety of Breakfast Sandwiches
 Assorted Cereal w/ Animal Crackers

side items

Fresh Oranges & Mixed Fruit
 Assorted Milk & 100% Fruit Juice

11 **French Toast Sticks w/ Syrup**
 Variety of Breakfast Sandwiches
 Assorted Cereal w/ Cheese Stick

side items

Fresh Bananas & Applesauce
 Assorted Milk & 100% Fruit Juice

12 **Breakfast Pizza**
 Variety of Breakfast Sandwiches
 Assorted Cereal w/ Animal Crackers

side items

Fresh Apples & Raisins
 Assorted Milk & 100% Fruit Juice

13 **Biscuit w/ Country Gravy**
 Variety of Breakfast Sandwiches
 Assorted Cereal w/ Cheese Stick

side items

Fresh Oranges & Diced Peaches
 Assorted Milk & 100% Fruit Juice

16 **Egg, Cheese & Sausage Breakfast Burrito**
 Variety of Breakfast Sandwiches
 Assorted Cereal w/ Cheese Stick

side items

Fresh Apples & Diced Pears
 Assorted Milk & 100% Fruit Juice

17 **Blueberry Muffin**
 Variety of Breakfast Sandwiches
 Assorted Cereal w/ Animal Crackers

side items

Fresh Oranges & Mixed Fruit
 Assorted Milk & 100% Fruit Juice

18 **Cheese Omelet, Hash Browns & Toast**
 Variety of Breakfast Sandwiches
 Assorted Cereal w/ Cheese Stick

side items

Fresh Bananas & Applesauce
 Assorted Milk & 100% Fruit Juice

19 **Glazed Honey - Sriracha Donut**
 Variety of Breakfast Sandwiches
 Assorted Cereal w/ Animal Crackers

side items

Fresh Apples & Raisins
 Assorted Milk & 100% Fruit Juice

20 **PARENT - TEACHER - CONFERENCE**
 NO SCHOOL

side items

23 **Biscuit w/ Country Gravy**
 Variety of Breakfast Sandwiches
 Assorted Cereal w/ Cheese Stick

side items

Fresh Apples & Diced Pears
 Assorted Milk & 100% Fruit Juice

24 **Egg, Cheese & Bacon Flatbread Sandwich**
 Variety of Breakfast Sandwiches
 Assorted Cereal w/ Animal Crackers

side items

Fresh Oranges & Mixed Fruit
 Assorted Milk & 100% Fruit Juice

25 **Apple Bosco Stick**
 Variety of Breakfast Sandwiches
 Assorted Cereal w/ Cheese Stick

side items

Fresh Bananas & Applesauce
 Assorted Milk & 100% Fruit Juice

26 **Scrambled Eggs, Hash Browns & Toast**
 Variety of Breakfast Sandwiches
 Assorted Cereal w/ Animal Crackers

side items

Fresh Apples & Raisins
 Assorted Milk & 100% Fruit Juice

27 **Egg, Ham & Cheese Pancake Melt w/ Syrup**
 Variety of Breakfast Sandwiches
 Assorted Cereal w/ Cheese Stick

side items

Fresh Oranges & Diced Peaches
 Assorted Milk & 100% Fruit Juice

30 **Breakfast Strata**
 Variety of Breakfast Sandwiches
 Assorted Cereal w/ Cheese Stick

side items

Fresh Apples & Diced Pears
 Assorted Milk & 100% Fruit Juice

31 **Halloween**
Blueberry Bagel w/ Cream Cheese
 Variety of Breakfast Sandwiches
 Assorted Cereal w/ Animal Crackers

side items

Fresh Oranges & Mixed Fruit
 Assorted Milk & 100% Fruit Juice

1

side items

2

side items

3

side items

*****REFRESH AND RECHARGE*****

START YOUR DAY WITH A HEALTHY BREAKFAST.

Local ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

Nutritional Messages may vary by school.



FRUIT

Daily rotation of vitamin rich fruits.

JUICE

We offer 100% fruit juice.



CHOICE OF MILK

We offer different kind of milk choices.