

**2**

- Egg, Cheese & Ham Tortilla**
- Egg, Cheese & Sausage Breakfast Sandwich
- Assorted Cereal w/ Cheese Stick

*side items*

- Fresh Apples & Diced Pears**
- Assorted Milk & 100% Fruit Juice

**3**

- Chocolate Chip Muffin**
- Chicken, Egg & Cheese Breakfast Wrap
- Assorted Cereal w/ Animal Cracker

*side items*

- Fresh Oranges & Mixed Fruit**
- Assorted Milk & 100% Fruit Juice

**4**

- Scrambled Eggs, Hash Browns & Toast**
- Sausage & Cheese Breakfast Biscuit
- Assorted Cereal w/ Cheese Stick

*side items*

- Fresh Bananas & Applesauce**
- Assorted Milk & 100% Fruit Juice

**5**

- Apple Bosco Stick**
- Egg, Bacon & Cheese Flatbread Sandwich
- Assorted Cereal w/ Animal Cracker

*side items*

- Fresh Apples & Raisins**
- Assorted Milk & 100% Fruit Juice

**6**

- Breakfast Strata**
- Egg & Cheese Breakfast Biscuit
- Assorted Cereal w/ Cheese Stick

*side items*

- Fresh Oranges & Diced Peaches**
- Assorted Milk & 100% Fruit Juice

**9**

\*\*\*CHRISTOPHER COLUMBUS DAY\*\*\*  
\*\*NO SCHOOL\*\*

*side items*

**10**

- Cheesy Chicken & Egg Pancake Panini**
- Egg, Cheese & Sausage Breakfast Sandwich
- Assorted Cereal w/ Animal Cracker

*side items*

- Fresh Oranges & Mixed Fruit**
- Assorted Milk & 100% Fruit Juice

**11**

- French Toast Sticks w/ Syrup**
- Egg Patty Breakfast Bagel
- Assorted Cereal w/ Cheese Stick

*side items*

- Fresh Bananas & Applesauce**
- Assorted Milk & 100% Fruit Juice

**12**

- Breakfast Pizza**
- Ham & Cheese Breakfast Sandwich
- Assorted Cereal w/ Animal Cracker

*side items*

- Fresh Apples & Raisins**
- Assorted Milk & 100% Fruit Juice

**13**

- Biscuit & Country Gravy**
- Cheese & Ham Breakfast Biscuit
- Assorted Cereal w/ Cheese Stick

*side items*

- Fresh Oranges & Diced Peaches**
- Assorted Milk & 100% Fruit Juice

**16**

- Egg, Cheese & Sausage Burrito**
- Egg, Sausage & Cheese Breakfast Sandwich
- Assorted Cereal w/ Cheese Stick

*side items*

- Fresh Apples & Diced Pears**
- Assorted Milk & 100% Fruit Juice

**17**

- Blueberry Muffin**
- Chicken Patty & Cheese Breakfast Muffin
- Assorted Cereal w/ Animal Cracker

*side items*

- Fresh Oranges & Mixed Fruit**
- Assorted Milk & 100% Fruit Juice

**18**

- Cheese Omelet, Hash Browns & Toast**
- Egg, Ham & Cheese Breakfast Flatbread Sandwich
- Assorted Cereal w/ Cheese Stick

*side items*

- Fresh Bananas & Applesauce**
- Assorted Milk & 100% Fruit Juice

**19**

\*\*PARENT - TEACHER - CONFERENCE\*\*  
\*NO SCHOOL\*

*side items*

**20**

\*\*PARENT - TEACHER - CONFERENCE\*\*  
\*NO SCHOOL\*

*side items*

**23**

- Biscuit & Country Gravy**
- Egg, Sausage & Cheese Breakfast Bagel
- Assorted Cereal w/ Cheese Stick

*side items*

- Fresh Apples & Diced Pears**
- Assorted Milk & 100% Fruit Juice

**24**

- Egg, Bacon & Cheese Flatbread Sandwich**
- Chicken Snack Wrap
- Assorted Cereal w/ Animal Cracker

*side items*

- Fresh Oranges & Mixed Fruit**
- Assorted Milk & 100% Fruit Juice

**25**

- Apple Bosco Stick**
- Egg & Cheese Breakfast Bagel
- Assorted Cereal w/ Cheese Stick

*side items*

- Fresh Bananas & Applesauce**
- Assorted Milk & 100% Fruit Juice

**26**

- Pancakes w/ Syrup**
- Egg, Sausage & Cheese Breakfast Sandwich
- Assorted Cereal w/ Animal Cracker

*side items*

- Fresh Apples & Raisins**
- Assorted Milk & 100% Fruit Juice

**27**

- Egg, Ham & Cheese Pancake Melt w/ Syrup**
- Egg, Bacon & Cheese Flatbread Sandwich
- Assorted Cereal w/ Cheese Stick

*side items*

- Fresh Oranges & Diced Peaches**
- Assorted Milk & 100% Fruit Juice

**30**

- Breakfast Strata**
- Egg & Cheese Breakfast Biscuit
- Assorted Cereal w/ Cheese Stick

*side items*

- Fresh Apples & Diced Pears**
- Assorted Milk & 100% Fruit Juice

**31 Halloween**

- Blueberry Bagel w/ Cream Cheese**
- Chicken Patty Breakfast Biscuit
- Assorted Cereal w/ Animal Cracker

*side items*

- Fresh Oranges & Mixed Fruit**
- Assorted Milk & 100% Fruit Juice

**1**

*side items*

**2**

*side items*

**3**

*side items*

**\*\*\*START YOUR DAY WITH A HEALTHY BREAKFAST.\*\*\***


 Local ingredients are always used when in season

 Ovo-Lacto Vegetarian, may contain Egg & Milk


*Nutritional Messages may vary by school.*

**\*\*\*\*\*REFRESH AND RENEW\*\*\*\*\***

**FRUIT**  
Daily rotation of vitamin rich fruits.



**JUICE**  
We offer 100% fruit juice.



**CHOICE OF MILK**  
We offer different kind of milk choices.