



January

2019

Middle School Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<p>Special News... More Info...</p> <p>We serve cereal w/ cheese stick on Mondays, Wednesdays & Fridays.</p> <p>We offer a rotation of vitamin and mineral-rich seasonal fresh & cupped fruits. We only use heart-healthy whole grain breads.</p> <p>We serve 100% fruit juice.</p> <p>*EXERCISE MORE*</p> <p><small>Menus are subject to change without notice.</small></p>
	<p>1</p> <p>*Winter Break**</p> <p>*District Closed*</p>	<p>2</p> <p>*Winter Break**</p> <p>*No School*</p>	<p>3</p> <p>*Winter Break**</p> <p>*No School*</p>	<p>4</p> <p>*Winter Break**</p> <p>*No School*</p>	
<p>7</p> <p>Biscuit & Gravy Breakfast Melts</p> <p>Assorted Fruit Assorted Milk & Juice</p>	<p>8</p> <p>Orange Glazed Cinnamon Roll Breakfast Melts PICK TWO</p> <p>Assorted Fruit Assorted Milk & Juice</p>	<p>9</p> <p>Scrambled Eggs, Tater Bites & Toast Breakfast Melts</p> <p>Assorted Fruit Assorted Milk & Juice</p>	<p>10</p> <p>Pancakes w/ Syrup Breakfast Melts PICK TWO</p> <p>Assorted Fruit Assorted Milk & Juice</p>	<p>11</p> <p>Huevos Rancheros Breakfast Burrito Breakfast Melts</p> <p>Assorted Fruit Assorted Milk & Juice</p>	
<p>14</p> <p>Cheesy Ham & Egg Pancake Panini Breakfast Melts</p> <p>Assorted Fruit Assorted Milk & Juice</p>	<p>15</p> <p>Apple Cinnamon Muffin Breakfast Melts PICK TWO</p> <p>Assorted Fruit Assorted Milk & Juice</p>	<p>16</p> <p>Omelet, Tater Bites & Toast Breakfast Melts</p> <p>Assorted Fruit Assorted Milk & Juice</p>	<p>17</p> <p>Blueberry Muffin Breakfast Melts PICK TWO</p> <p>Assorted Fruit Assorted Milk & Juice</p>	<p>18</p> <p>*NO SCHOOL*</p>	
<p>21</p> <p>Martin Luther King, Jr. Day</p> <p>*District Closed*</p>	<p>22</p> <p>Blueberry Bagel w/ Cream Cheese Breakfast Melts PICK TWO</p> <p>Assorted Fruit Assorted Milk & Juice</p>	<p>23</p> <p>Scrambled Eggs, Tater Bites & Toast Breakfast Melts</p> <p>Assorted Fruit Assorted Milk & Juice</p>	<p>24</p> <p>Pancakes w/ Syrup Breakfast Melts PICK TWO</p> <p>Assorted Fruit Assorted Milk & Juice</p>	<p>25</p> <p>Ham & Potato Bite Strata Breakfast Melts</p> <p>Assorted Fruit Assorted Milk & Juice</p>	
<p>28</p> <p>Cheesy Ham & Egg Pancake Panini Breakfast Melts</p> <p>Assorted Fruit Assorted Milk & Juice</p>	<p>29</p> <p>Blueberry Muffin Breakfast Melts PICK TWO</p> <p>Assorted Fruit Assorted Milk & Juice</p>	<p>30</p> <p>Cheese & Ham Breakfast Roll Breakfast Melts</p> <p>Assorted Fruit Assorted Milk & Juice</p>	<p>31</p> <p>Blueberry Bagel w/ Cream Cheese Breakfast Melts PICK TWO</p> <p>Assorted Fruit Assorted Milk & Juice</p>		

Special News...

Come and check out our Waffle & Pancake Make to Order Station!



This institution is an equal opportunity provider.