



February

2019

Middle School Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<p>Special News...</p> <p>More Info...</p> <p>We serve cereal w/ cheese stick on Mondays, Wednesdays & Fridays.</p> <p>We offer a rotation of vitamin and mineral-rich seasonal fresh & cupped fruits. We only use heart-healthy whole grain breads.</p> <p>We serve 100% fruit juice.</p> <p>*GET ENOUGH SLEEP*</p> <p><small>Menus are subject to change without notice.</small></p>
				<p>1</p> <p>Biscuit & Gravy Breakfast Melts</p> <p>Assorted Fruit Assorted Milk & Juice</p>	
<p>4</p> <p>Cheesy Sausage & Egg Breakfast Burrito Breakfast Melts</p> <p>Assorted Fruit Assorted Milk & Juice</p>	<p>5</p> <p>French Toast Sticks w/ Syrup Breakfast Melts PICK TWO</p> <p>Assorted Fruit Assorted Milk & Juice</p>	<p>6</p> <p>Omelet, Tater Bites & Toast Breakfast Melts</p> <p>Assorted Fruit Assorted Milk & Juice</p>	<p>7</p> <p>Cinnamon Biscuit Breakfast Melts PICK TWO</p> <p>Assorted Fruit Assorted Milk & Juice</p>	<p>8</p> <p>Cheese & Sausage Quesadilla Breakfast Melts</p> <p>Assorted Fruit Assorted Milk & Juice</p>	
<p>11</p> <p>Biscuit & Gravy Breakfast Melts</p> <p>Assorted Fruit Assorted Milk & Juice</p>	<p>12</p> <p>Glazed Cinnamon Roll Breakfast Melts PICK TWO</p> <p>Assorted Fruit Assorted Milk & Juice</p>	<p>13</p> <p>Scrambled Eggs, Tater Bites & Toast Breakfast Melts</p> <p>Assorted Fruit Assorted Milk & Juice</p>	<p>14</p> <p>Parent – Teacher – Conference</p> <p>***NO SCHOOL***</p>	<p>15</p> <p>Parent – Teacher – Conference</p> <p>***NO SCHOOL***</p>	
<p>18</p> <p>Presidents' Day</p> <p>*District Closed*</p>	<p>19</p> <p>Omelet, Tater Bites & Toast</p> <p>Breakfast Melts PICK TWO</p> <p>Assorted Fruit Assorted Milk & Juice</p>	<p>20</p> <p><u>Apple Cinnamon, Chocolate or Blueberry Muffin</u> Breakfast Melts</p> <p>Assorted Fruit Assorted Milk & Juice</p>	<p>21</p> <p>Waffles w/ Syrup Breakfast Melts PICK TWO</p> <p>Assorted Fruit Assorted Milk & Juice</p>	<p>22</p> <p>Cheesy Sausage & Egg Breakfast Burrito Breakfast Melts</p> <p>Assorted Fruit Assorted Milk & Juice</p>	
<p>25</p> <p>Bacon, Egg & Cheese Biscuit Breakfast Melts</p> <p>Assorted Fruit Assorted Milk & Juice</p>	<p>26</p> <p>Cinnamon Raisin Bagel w/ Cream Breakfast Melts PICK TWO</p> <p>Assorted Fruit Assorted Milk & Juice</p>	<p>27</p> <p>Scrambled Eggs, Tater Bites & Toast Breakfast Melts</p> <p>Assorted Fruit Assorted Milk & Juice</p>	<p>28</p> <p>Chicken Maple Cinnamon Waffle Breakfast Melts PICK TWO</p> <p>Assorted Fruit Assorted Milk & Juice</p>		

Special News...

Come and check out our Waffle & Pancake Make to Order Station!



This institution is an equal opportunity provider.