



Elementary Breakfast Menu

February 2019

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1
Biscuit & Gravy
Cereal w/ Cheese Stick
Assorted Fruit
Assorted Milk & Juice

4
Cheesy Sausage & Egg Breakfast Burrito
Cereal w/ Cheese Stick
Assorted Fruit
Assorted Milk & Juice

5
French Toast Sticks w/ Syrup
PICK TWO
Assorted Fruit
Assorted Milk & Juice

6
Omelet, Tater Bites & Toast
Cereal w/ Cheese Stick
Assorted Fruit
Assorted Milk & Juice

7
Cinnamon Biscuit
PICK TWO
Assorted Fruit
Assorted Milk & Juice

8
Cheese & Sausage Quesadilla
Cereal w/ Cheese Stick
Assorted Fruit
Assorted Milk & Juice

11
Biscuit & Gravy
Cereal w/ Cheese Stick
Assorted Fruit
Assorted Milk & Juice

12
Glazed Cinnamon Roll
PICK TWO
Assorted Fruit
Assorted Milk & Juice

13
Scrambled Eggs, Tater Bites & Toast
Cereal w/ Cheese Stick
Assorted Fruit
Assorted Milk & Juice

14
Parent-Teacher-Conference

NO SCHOOL

15
Parent-Teacher-Conference

NO SCHOOL

18
Presidents' Day

District Closed

19
Omelet, Tater Bites & Toast
PICK TWO
Assorted Fruit
Assorted Milk & Juice

20
Apple Cinnamon, Chocolate or Blueberry Muffin
Cereal w/ Cheese Stick
Assorted Fruit
Assorted Milk & Juice

21
Waffles w/ Syrup
PICK TWO
Assorted Fruit
Assorted Milk & Juice

22
Cheesy Sausage & Egg Breakfast Burrito
Cereal w/ Cheese Stick
Assorted Fruit
Assorted Milk & Juice

25
Bacon, Egg & Cheese Biscuit
Cereal w/ Cheese Stick
Assorted Fruit
Assorted Milk & Juice

26
Cinnamon Raisin Bagel w/ Cream Cheese
PICK TWO
Assorted Fruit
Assorted Milk & Juice

27
Scrambled Eggs, Tater Bites & Toast
Cereal w/ Cheese Stick
Assorted Fruit
Assorted Milk & Juice

28
Chicken Maple Cinnamon Waffles
PICK TWO
Assorted Fruit
Assorted Milk & Juice

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We offer a rotation of vitamin and mineral-rich seasonal fresh & cupped fruits. We only use heart-healthy whole grain breads. We serve 100% fruit juice.

*****GET ENOUGH SLEEP*****